

**Palliative Care** is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of **early** identification and impeccable assessment and treatment of **pain** and other **problems**, **physical, psycho-social and spiritual**.



### Table of contents

- Pain control / WHO ladder
- Symptom control: Dyspnea, Vomiting/ Nausea, Obstipation, Agitation
- History/Ways of Palliative Care
- Ethical decision making
- Bereavement
- Spirituality
- Self care
- Palliative Care mouth wash
- Open wounds and skin care
- Special nursing aspects
- Teamwork/Multiprofessional approach
- Communication with patients & family

## Palliative Care Basic Certificate Course



**Dr. Jochen Becker-Ebel**  
Adj. faculty Professor Palliative Care  
Yenepoya Nursing College  
CEO MediAcion/PalliAction  
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in cooperation with the team of



### Registration:

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Online at:  
[www.palliacion.com](http://www.palliacion.com)  
[www.yenepoya.edu.in](http://www.yenepoya.edu.in)



**Palliative Care  
Basic Certificate  
Course**  
5 days / 40 hours

**Dec. 14th - 18th 2015**



## Faculty

Prof. Dr Asha P Shetty, Principal  
Yenepoya Nursing College & Co-ordinator for Palliative Care course,  
Yenepoya University

Mrs. Vineetha Jacob, Associate  
Professor, Yenepoya Nursing Col-  
lege, Palliative Care Trainer

Prof. Dr Vina Vaswani, Director  
Center for Ethics, Yenepoya Uni-  
versity.

Dr. Jochen Becker-Ebel, Prof. for  
Palliative Care, CEO MediAcion,  
Other local / international faculty

## Participants

16 to 20 participants Health profes-  
sionals such as nurses and nurse  
educators, doctors, physiothera-  
pists, social workers, Dentists, In-  
terns and postgraduates.

## Prerequisites

Willingness to inquire into the new  
possibilities of the palliative care  
approach. Actual work in the treat-  
ment of patients or prior placement  
of at least 5 days in a hospice. Able  
to express in English language.

## Methodology

All topics will be discussed in a  
comprehensive way. Some interac-  
tive modules will be held. Partici-  
pants will get possibility to encoun-  
ter their emotions, reflect them and  
get new options in handling. There  
will be a visit to a local hospice.

## Certificate

A certificate will be given jointly by  
Yenepoya University and MediAcion (which  
is the largest providers of palliative care edu-  
cation in Germany).

The certificate is according to international  
suggestions and according to the basic learn-  
ing level for palliative care in Europe.

Additional e-learning can be done with  
Yenepoya University College of Nursing as  
it is an IAPC recognized center of Palliative  
Care learning.



## Information

Information for applicants:  
ceo@mediacion.de  
Dr. Jochen Becker-Ebel and/or:  
Yenepoya Nursing college  
[principalync@yenepoya.edu.in](mailto:principalync@yenepoya.edu.in)

## Place

Yenepoya Nursing college, Yenepoya  
University

## Timings / Date

Monday 14th- Friday, 18th, December ,  
2015 daily 9 am to 4.15 pm

## Time Table

Pls find it under [www.palliacion.com](http://www.palliacion.com)  
from Sept. 1<sup>st</sup> 2015 onwards.

## Fees

Participants of Yenepoya University pay  
a fee of Rs. 3.000,-; others will pay a fee  
of Rs. 5.000,- (including coffee/meal, ex-  
cluding boarding).

